

NIH INCLUDE Project: Community-Engaged Research to Advance Clinical Care Across the Lifespan

Melissa A. Parisi, MD, PhD
National Institutes of Health

 **ANNUAL**
symposium



Disclosures

None



Learning Objectives

At the conclusion of this session, participants will be able to:

- 1. Describe** the mission and scientific priorities of the **NIH INCLUDE** (INvestigation of Co-occurring conditions across the Lifespan to Understand Down syndromE) **Project**.
- 2. Explain** how **DS-Connect®: The Down Syndrome Registry** and the **INCLUDE Collaboration for Down Syndrome Progress (CDP)** can accelerate clinical research and improve participant engagement across the lifespan.
- 3. Discuss** the role of community-engaged research in strengthening study design, recruitment, retention, and dissemination of research findings.



A Few Questions....

Let's get a sense of the room...

How many of you...

- ☐ Provide clinical care for individuals with Down syndrome?
- ☐ Conduct research involving individuals with Down syndrome?
- ☐ Refer patients or families to research studies?
- ☐ Have used or referred families to **DS-Connect®**: The Down Syndrome Registry?
- ☐ Have heard about the INCLUDE Collaboration for Down Syndrome Progress (**CDP**)?

Why Community-engaged Research?

Improving research by partnering with the Down syndrome community.

Why It Matters

- Ask the right research questions
- Design studies that reflect real-world needs
- Improve recruitment and long-term participation
- Increase trust, transparency, and communication
- Accelerate translation of research into clinical care



What is the NIH INCLUDE Project?

INCLUDE (INvestigation of Co-occurring conditions across the Lifespan to Understand Down syndromE) **Project**



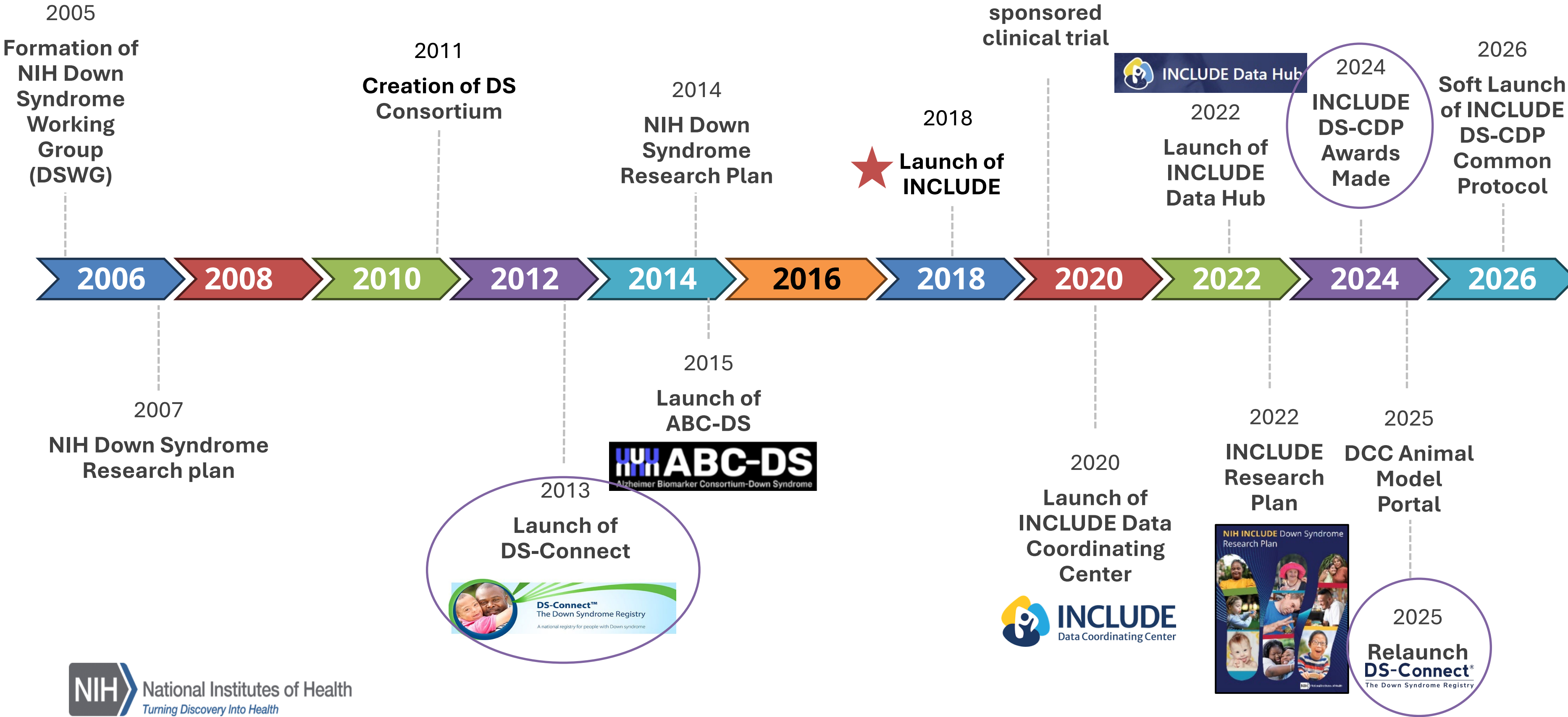
The INCLUDE Project launched in June 2018 to address a Congressional directive that called for a new **NIH-wide research initiative** on critical health and quality-of-life needs for individuals with Down syndrome (DS).

The INCLUDE Project:

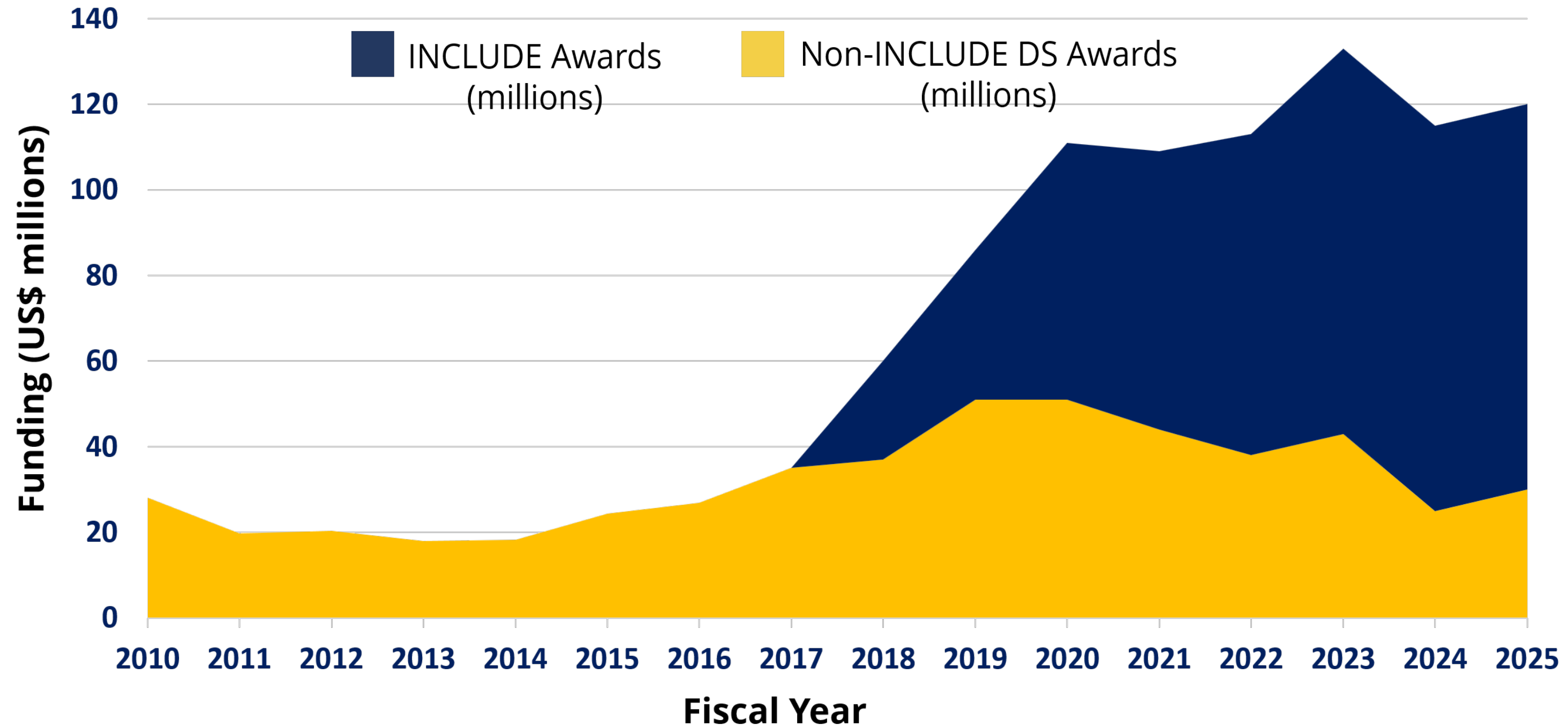
- **Supports research that investigates conditions** that affect individuals with DS and the general population, such as Alzheimer's disease, autism, cataracts, celiac disease, congenital heart disease, and diabetes.
- **Aims to increase the number of investigators and trainees** studying DS.
- **Works in partnership with the Down syndrome community** to identify areas of need and **support work that benefits everyone.**



Timeline of Key Events

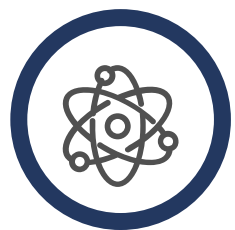


Down Syndrome Funding at NIH, 2010-2025



NIH has invested more than \$528 million over the past **8 years** through the **INCLUDE Project**

INCLUDE Project *at a glance*



412

Awards Made



600+

Publications



20+

Community-Engagement and
Outreach Events Hosted by
INCLUDE Team Annually



19

IC's Participating



26

Clinical trials



15,800

Individuals with DS
Represented in the
INCLUDE Data Hub

Two NIH INCLUDE Resources



INCLUDE

Collaboration for
Down Syndrome Progress



Longitudinal natural history study



Comprehensive clinical
phenotyping



Supports future clinical trials

DS-Connect[®]

The Down Syndrome Registry



National participant registry



Connects individuals and
families with research
opportunities



Supports participant
engagement

Together, these resources strengthen research across the lifespan.

DS-CDP: A **\$32 million** program established in 2024 to study Down syndrome from **birth** to **adulthood**



INCLUDE

Collaboration for
Down Syndrome Progress



GOAL: DEVELOP A COHORT OF INDIVIDUALS WITH DOWN SYNDROME ACROSS THE LIFESPAN

- ✓ Improve our understanding of heterogeneity and the natural history of Down syndrome
- ✓ Better determine the frequency and variability of co-occurring conditions in Down syndrome
- ✓ Examine the impact of demographic, social, experiential, and environmental factors on outcomes
- ✓ Expand our understanding of currently used therapeutics and interventions to inform clinical trials



RESEARCH AND CLINICAL TEAMS
HAVE DEVELOPED THE
COMMON PROTOCOL.



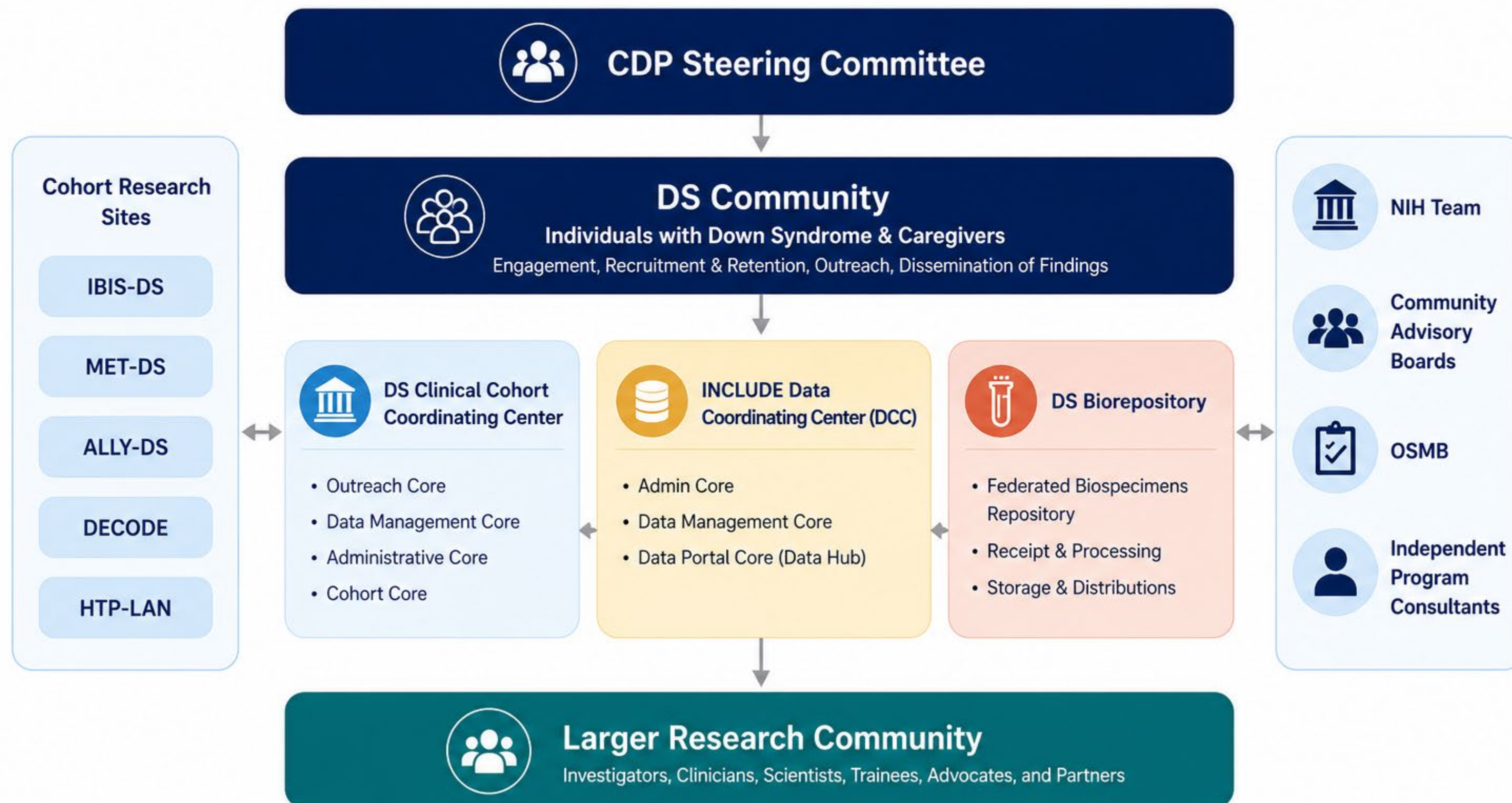
STUDY ENROLLMENT
BEGAN IN SPRING 2026.



INCLUDE

Collaboration for
Down Syndrome Progress

CDP ORGANIZATION



DS-CRS RESEARCH SITES



INCLUDE

Collaboration for
Down Syndrome Progress



ALLY-DS

Advancing the Lives & health of Youth
and young adults with Down Syndrome



AGE | 6 years and up



ENROLLMENT | 400 participants



SCIENTIFIC FOCUS

- Natural history
- Co-occurring conditions
- Social determinants of health (SDOH)
- Structural ableism



PI: Andrea B. Kelly

INSTITUTION

Children's Hospital
of Philadelphia



DECODE

Down syndrome Early Childhood Omics,
Deep phenotyping, and Epidemiology



AGE | 0–2 years



ENROLLMENT | 400 participants



SCIENTIFIC FOCUS

- Deep phenotyping
- Structural birth defects
- Hematopoietic development
- Neurodevelopment



PI: Philip J. Lupo

INSTITUTION

Emory University



HTP-LAN

Human Trisomy Project –
Latin America Network



AGE | All ages



ENROLLMENT | 1,500 participants



SCIENTIFIC FOCUS

- Clinical health
- Neurodevelopment
- Latinos with Down syndrome



PI: Joaquin M. Espinosa

INSTITUTION

University of Colorado,
Denver



IBIS-DS

Infant Brain Imaging Study
in Down Syndrome



AGE | 0–12 months



ENROLLMENT | 100 participants + 50 controls



SCIENTIFIC FOCUS

- Neurobehavioral development
- Cognition, language, motor, social
- Multimodal neuroimaging



PI: Natasha Marrus

INSTITUTION

Washington University
in St. Louis



MET-DS

METabolic, health, lifestyle, and risk of
co-occurring health conditions in Down Syndrome



AGE | 6–24 years



ENROLLMENT | 200 participants



SCIENTIFIC FOCUS

- Metabolic dysregulation
- Obesity
- Lifestyle
- Co-occurring conditions



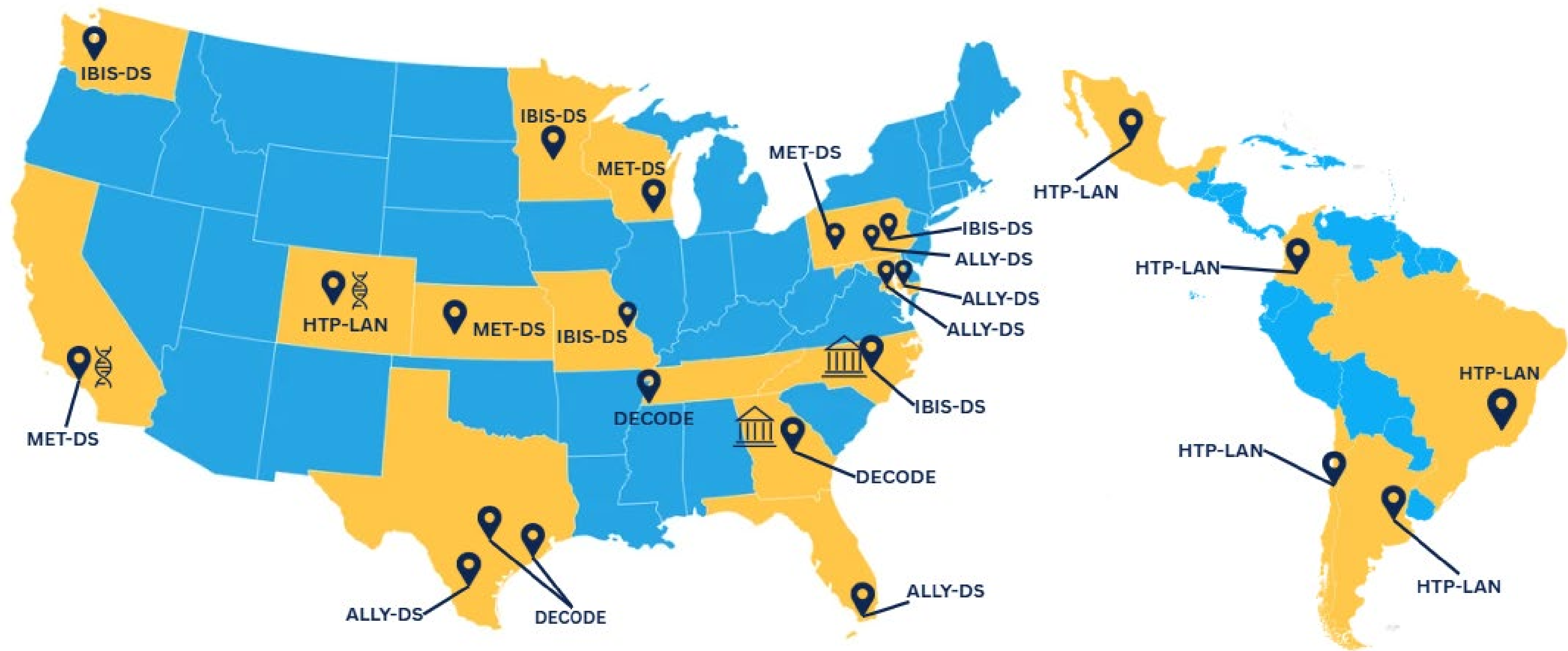
PI: Sigan Hartley

INSTITUTION

University of Wisconsin–Madison

Where is the INCLUDE CDP taking place?

DS-CDP Research Sites



 DS-CRS: Cohort Research Sites	 DS-4C: Clinical Coordinating Center RTI International (Jessica Ezzell Hunter) Emory University (Tracie Rosser)	 DS-Biorepository University of Colorado Anschutz (Joaquin Espinosa) University of California, Irvine (Elizabeth Head)
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Common Protocol Components

Common Protocol Collection



Assessments &
Questionnaires



Medical data &
EHR



Key Biospecimen
Collection



Collected from all age-appropriate participants



In-person Enrollment

- On-site assessments
- Medical exam
- Biospecimen collection
- Optional sub-sample studies
- Questionnaires online or in-person

Participants may
switch from remote
to in-person



Remote Enrollment

- All participation is virtual
- Remote biospecimen kits
- Online questionnaires



Optional Subsample Studies



Sleep
Studies



Activity &
Wearables



Imaging
Data



Clinical
Labs



Collected from a subset of participants



INCLUDE
Collaboration for
Down Syndrome Progress

Return of Results

Participants receive results from study assessments and optional subsample studies.



**Neurocognitive
Testing**



A letter with
testing results



**Medical
Exam**



Medical exam
report



**Clinical
Labs**



Results from the
Metabolic and
Endocrine panel



**Subsample
Studies**



Activity &
Wearables



Sleep
Studies



Basic reports from
activity and sleep
studies



INCLUDE
Collaboration for
Down Syndrome Progress

Stay Connected with the INCLUDE CDP

EXPLORE THE INCLUDE CDP

- ✓ Learn about participating
- ✓ Read frequently asked questions
- ✓ Complete the interest form

FOLLOW THE INCLUDE CDP



Facebook
INCLUDE CDP



Instagram
@includecdp

COLLABORATE

Email dscdp@emory.edu to:

- Share speaking or exhibiting opportunities
- Promote research, training opportunities, or open positions
- Join the INCLUDE CDP Researchers ListServ



Scan to explore
the INCLUDE CDP



INCLUDE
Collaboration for
Down Syndrome Progress

What is DS-Connect?

DS-Connect[®]

The Down Syndrome Registry

A secure, NIH-supported online registry

Developed with input from the Down syndrome community to connect individuals and families with research opportunities and advance scientific discovery.



How does DS-Connect support research?



Connects

individuals and families with research opportunities.



Engages

the Down syndrome community in research across the lifespan.



Collects

secure health information that advances scientific discovery.



Healthcare professionals are trusted partners in connecting individuals and families with **DS-Connect** and opportunities to participate in research.

DS-Connect[®]

The Down Syndrome Registry

A **secure, online survey-based** tool to collect basic information about people with Down syndrome

DS-Connect[®]
The Down Syndrome Registry

About ▾ News & Events ▾ Resources ▾ Research ▾ Help Español Log in Join

**Drive
Down Syndrome
Research With Your
Unique Story**



ds-connect.org

**6200+ registered
globally as of
July 2026**

Connecting families with researchers since 2013!



Key registry functions

How it Works



Surveys

Fill out confidential health-related surveys written by researchers who are studying Down syndrome.



Research

Researchers use data from thousands of participants to make discoveries.



Participate

When researchers design new studies or clinical trials, you can opt-in to be notified and participate.



Resources

Find expert news, links and events, and see how the data from studies you've completed drives discoveries.



ds-connect.org

Top Metrics



6200+

Families Registered

- Across the USA and some international participants
- **1000s** of health surveys completed



130+

Research Studies Promoted

- 30 studies now recruiting and listed on the website!



7000+

Email Subscribers



Countless

Outreach Events Organized

- Conferences, webinars, newsletters, and more



JOIN THE COMMUNITY

Be a member of an active community with a common cause

[Join the DS-Connect Community](#)

Studies which are Now Recruiting

Do you want to participate in research? These organizations and institutions are looking for individuals with Down syndrome to join their studies. Pick a study you're interested in to learn more and see if you meet the eligibility requirements. If you qualify, reach out to the study team today!



Exploring Quality of Life in Children With Down Syndrome After Leukemia

✉ Karla Ausderau, PhD

📍 Multiple locations within United States

👤 5 to 21 years old

This study explores how children with Down syndrome in remission from leukemia and their families experience survivorship, focusing on their daily lives, support systems and strengths and skills gained through their experience.



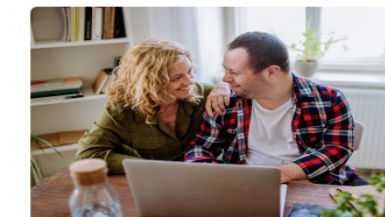
Nutrition and Activity Program for Families of Children with Down Syndrome: HomeGrown

✉ Erik Willis, PhD

📍 Virtual

👤 2 to 6 years old

HomeGrown is an online program designed specifically to help families of young children with Down syndrome improve nutrition and physical activity practices at home.



Caregiver and Self-Advocate Perspectives on Research Design and Information (PARDI)

✉ A. Nicole White, PhD

📍 Virtual

👤 18 years and older

The purpose of this study is to focus on how individuals from the Down syndrome community (caregivers and self-advocates) understand how to participate in research studies, how they perceive



View All 30 Studies
Now Recruiting on the Website!



Scan to view
the studies

How are DS-Connect data shared?



Only de-identified information is shared with scientists.



De-identified information does not contain any of the so called 'HIPAA identifiers': no names, no dates, no account numbers, nothing that could be tied to a given individual.



De-identified data is shared through the INCLUDE Data Hub.



INCLUDE Data Hub

Uncover **new insights** into the biology of Down Syndrome and co-occurring conditions.

Access large-scale integrated data resources and analyze custom built cohort datasets based on participants, biospecimens, clinical, and genomic data.

Login

Sign up



INCLUDE

Data Coordinating Center



DE-IDENTIFIED
DATA



INCLUDE
DATA HUB



SCIENTIFIC
DISCOVERY



<https://portal.includedcc.org/>



A researcher portal supported by NIH

Empowering families with their own data

DS-Connect turns family-reported information into meaningful insights and practical resources.



Complete a survey

Share information about your health and well-being.



See your data in comparison

See how your data compares with the DS community.



Get your summary

Get an easy-to-understand summary of your data.



Access your care checklist

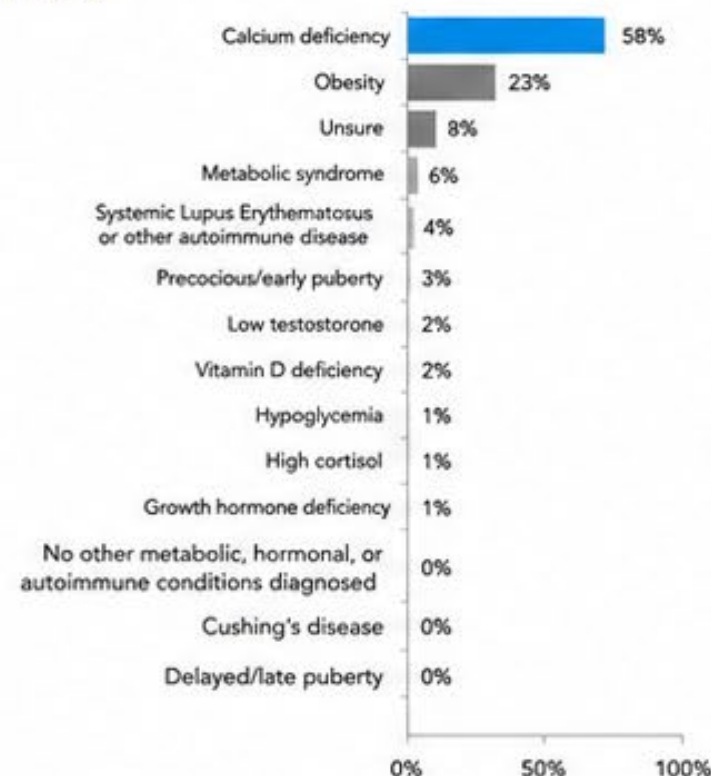
Access a personalized medical care checklist.

Surveys

Complete health surveys to provide researchers with valuable data.

- ✓ Basic Health Survey
- ✓ Celiac Disease Survey
- ✓ Consent to Enroll in DS-Connect Registry
- ✓ Development Survey
- ✓ Diabetes Survey
- ✓ Gastrointestinal Survey
- ✓ Heart Survey
- ✓ Leukemia Survey
- ✓ Prenatal and Birth History
- ✓ Sibling Survey
- ✓ Skeletal Survey
- ✓ Sleep Survey
- ✓ Thyroid Survey

Has the participant ever been diagnosed with any of the following metabolic, hormonal, or autoimmune conditions?



DS-Connect® The Down Syndrome Registry

Health Snapshot

This summary was generated from your survey responses in DS-Connect.
It is not a substitute for medical advice. Please discuss any concerns or questions with your healthcare provider.

Participant Information

Name: Participant
Date of Birth: 01/01/2010
Age: 14 years

Survey Information

Survey: Health Snapshot - Core and Specialty Surveys
Completed On: 06/01/2024

Medical Conditions

Compared to the DS community, your child reported higher rates of:

- Asthma
 - Sleep apnea
 - Thyroid disorders
- Similar rates of:
- Celiac disease
 - Ear infections

Development

Compared to the DS community, your child reported:

- Similar developmental milestones
- Similar communication skills
- Similar behavior and emotional well-being

Strengths

Your child's strengths reported:

- Social skills
- Family support

Next Steps

Continue regular check-ups and recommended screenings. Share this summary with your healthcare provider.

Generated on 06/01/2024 by DS-Connect • ds-connect.org

GLOBAL MEDICAL CARE GUIDELINES
2020 Edition



Age: 14 years

Behavior

- At annual visit behavioral, functional, adaptive, and psychosocial topics should be performed evaluation. Screen at each visit for new concerns from the family.
- Evaluation for behavior problems may be appropriate for participants at increased risk or when concerns are raised.

Development

- Monitor development at annual visits, with more in-depth evaluation for those with developmental delay.
- Provide appropriate therapies and supports based on individual needs.

Diabetes

- People with Down syndrome have an increased risk of diabetes. Screening for diabetes should be considered beginning at age 10, and earlier with symptoms.
- For those with prediabetes or diabetes, monitor at least annually.

Celiac Disease

- People with Down syndrome have an increased risk of celiac disease. Screening should be considered at diagnosis and again at 2-3 years of age, earlier if symptomatic, and repeated if symptoms develop.
- If celiac disease is diagnosed, a gluten-free diet should be initiated.



Learn more and access DS-Connect today!
Visit ds-connect.org or scan the QR code.



Your data helps drive discoveries that **improve health and well-being** for people with Down syndrome.

The DS-Connect Health Snapshot

- A friendly summary of the survey answers provided
- Can be downloaded as a PDF and shared with caregivers, physicians, and researchers.
- Updates with any new survey completed and revised answers.
- Your data. Your summary. | Empowering individuals and families with information that can inform care and advance research.

DS-Connect[®]

The Down Syndrome Registry

Health Snapshot

This document was generated from information you provided in the DS-Connect surveys.

It is intended for your reference and to support your healthcare providers.

It is not a substitute for medical advice or guidance.

Contact DS-Connect at info@ds-connect.org or visit ds-connect.org for more information.

Personal Information

Name: Caroline Lucas

Age: 24 years

Gender: female

DS Diagnosis: Complete trisomy 21

Social History

Living Situation: Lives with spouse or with partner

Household Size: 2 people

Medical Conditions

Skin Dental Conditions: Alopecia areata (loss of hair on scalp at a young age), Folliculitis (red rash where the hair comes out of the skin), Multiple dental caries (cavities)

Neurological Conditions: No

Sleep Conditions: Sleep apnea, Snoring

Skeletal Conditions: Fractures (broken bones)

Cancer Conditions: Not diagnosed with any of these cancers

Thyroid Conditions: Hypothyroidism (low thyroid function); high TSH, low T4 levels

Metabolic Conditions: Obesity, Vitamin D deficiency

Development

Learning Conditions: Global developmental delay, Intellectual disability

Surgical History

Cardiac Surgery: Yes, surgery for a congenital heart defect in the first year of life

Gastrointestinal Surgery: Gastrostomy tube placement (feeding tube)

ENT/Vision

Hearing Loss Types: No hearing loss

Vision Conditions: Astigmatism (blurry vision)

Document created on Sep 23, 2025 for Caroline Lucas. Version 1.0

Facilitating Access to Medical Care Guidelines

Adult

GLOBAL Adult Medical Care Guidelines:



21–29 Years



30–39 Years



40–49 Years



50–59 Years



60+ Years

GLOBAL MEDICAL CARE GUIDELINES for Adults with Down Syndrome Checklist



The following checklist summarizes key health supervision and screening recommendations across the adult lifespan for individuals with Down syndrome. Recommendations may vary based on individual health, local guidelines, and clinical judgment.

	21–29 Years	30–39 Years	40–49 Years	50–59 Years	60+ Years
Behavior					
Dementia				Screen for cognitive changes and dementia risk beginning in midlife and more routinely after age 50.	
Diabetes				Screen for diabetes risk starting at age 35, or earlier with risk factors.	
Cardiac				Evaluate for congenital or acquired heart disease with history, exam, and appropriate testing.	
Obesity				Monitor BMI and promote healthy lifestyle across all ages.	
Atlantoaxial Instability				Assess for symptoms; imaging only if symptomatic.	
Osteoporosis				Assess risk factors; consider bone density screening beginning at age 40 or earlier if indicated.	
Thyroid				Check TSH regularly.	
Celiac Disease				Screen if symptomatic or with risk factors.	

This checklist is for informational purposes only and is not intended as medical advice. Please talk to your doctor if you have questions or concerns.

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GLOBAL MEDICAL CARE GUIDELINES for Adults with Down Syndrome Checklist



Age: 21–29 Years

☐ Behavior

- A review of behaviors, functional, adaptive, and psychosocial factors should be performed as part of an annual history for all chronic visits from an adult with Down syndrome, their families, and/or caregivers.
- When concerns for a mental health disorder in adults with Down syndrome is present, medical professionals should:
 - Evaluate for medical conditions that may present with psychiatric and behavioral symptoms, ineffective behavior management, delirium, and dementia.
 - When concerns for a treatable mental disorder are ruled out, the Diagnostic and Statistical Manual of Mental Disorders (DSM) diagnostic criteria for the diagnosis should be used (see Appendix). The Diagnostic Statistical Manual (DSM-5 or ICD-10) may also be used to assist diagnosis criteria. The two systems should be used to aid in diagnosis.

GLOBAL MEDICAL CARE GUIDELINES for Adults with Down Syndrome Checklist



Age: 30–39 Years

☐ Behavior

- A review of behaviors, functional, adaptive, and psychosocial factors should be performed as part of an annual history for all chronic visits from an adult with Down syndrome, their families, and/or caregivers.
- When concerns for a mental health disorder in adults with Down syndrome is present, medical professionals should:
 - Evaluate for medical conditions that may present with psychiatric and behavioral symptoms, ineffective behavior management, delirium, and dementia.
 - When concerns for a treatable mental disorder are ruled out, the Diagnostic and Statistical Manual of Mental Disorders (DSM) diagnostic criteria for the diagnosis should be used (see Appendix). The Diagnostic Statistical Manual (DSM-5 or ICD-10) may also be used to assist diagnosis criteria. The two systems should be used to aid in diagnosis.

GLOBAL MEDICAL CARE GUIDELINES for Adults with Down Syndrome Checklist



Age: 40–49 Years

☐ Behavior

- A review of behaviors, functional, adaptive, and psychosocial factors should be performed as part of an annual history for all chronic visits from an adult with Down syndrome, their families, and/or caregivers.
- When concerns for a mental health disorder in adults with Down syndrome is present, medical professionals should:
 - Evaluate for medical conditions that may present with psychiatric and behavioral symptoms, ineffective behavior management, delirium, and dementia.
 - When concerns for a treatable mental disorder are ruled out, the Diagnostic and Statistical Manual of Mental Disorders (DSM) diagnostic criteria for the diagnosis should be used (see Appendix). The Diagnostic Statistical Manual (DSM-5 or ICD-10) may also be used to assist diagnosis criteria. The two systems should be used to aid in diagnosis.

Other Resources for Families

Curated resources in partnership with leading national Down syndrome organizations.



Browse by Topic

-  About Down Syndrome >
-  Down Syndrome Clinics in the United States >
-  New and Expectant Parents >
-  Newborn to School Age >
-  Teenagers to Adults >
-  Siblings >
-  Learn About Down Syndrome Research >
-  Resources for Health Care Providers >



Featured Resources

- [INCLUDE Project Down Syndrome Research Plan](#)  (NIH)
- [Language Guidelines](#)  (NDSS)
- [Medical Resources](#)  (NDSC)
- [Facts and FAQ About Down Syndrome](#)  (GLOBAL)
- [GLOBAL Webinars](#)  (GLOBAL)
- [Centers for Disease Control and Prevention \(CDC\) Down syndrome page](#)  (CDC)
- [What is Down syndrome?](#)  (NDSC)
- [Words Can Hurt](#)  (GLOBAL)
- [An Overview of Down Syndrome](#)  (NDSS)
- [Ages and Stages](#)  (NDSC)
- [Mosaic Down Syndrome](#)  (IMDSA)
- [Down Syndrome Misconceptions vs. Reality](#)  (GLOBAL)



Explore all resources on DS-Connect

Scan the QR code or visit
ds-connect.org/resources

A Central Hub for Approved Research Studies

Studies are approved by a Research Review Committee (RRC) that includes scientists, physicians, and community members

Connect Your Research with the Down Syndrome Community



RRC review and approval

Studies which are Now Recruiting



Promote recruitment for your study through DS-Connect

Did you know that 75% of families with a loved one with Down syndrome are interested in participating in research? A main goal of DS-Connect is to connect families who want to participate in research with the research community. You can request to share your study information with DS-Connect participants here.

Get started



Down Syndrome Health Measure (DSHM) Survey

Stephanie Santoro, MD
Virtual
0 to 21 years old

The Down Syndrome Health Measure (DSHM) is a new, short survey that was created specifically with people with Down syndrome in mind, and asks questions about aspects of overall health. Now that this final measure is available, we're interested in collecting feedback on the survey from caregivers of individuals with Down syndrome age 0 to 21.



Workshop to Help Reduce Stress for Caregivers: CarePRO Virtual-DS/ID

David Coon, PhD
Virtual
18 years and older

Family caregivers of adults living with Down syndrome or another intellectual disability who are experiencing memory changes are invited to participate in CarePRO Virtual-DS/ID, a free 5-week online workshop designed to reduce distress and improve quality of life.



Treatment of Obstructive Sleep Apnea with Personalized Surgery in Children with Down Syndrome (TOPS-DS)

Derek Lam, MD, MPH
Multiple locations in the United States
2 to 17 years old

The purpose of this study is to test how well personalized surgical treatment helps children with Down syndrome (DS) who have obstructive sleep apnea (OSA).

Healthcare Professionals Can Advance Community-Engaged Research

Sign up for a webinar



DS-Connect®
The Down Syndrome Registry



Webinar

Presentation Topic:
Autism & Down Syndrome:
How to Recognize the Signs and
Support Your Child



Presented by Meghan O'Neill, MD, FAAP
Assistant Professor of Pediatrics
Neurodevelopmental Physician

Recording Available: May 2026 Webinar
Hosted by DS-Connect

June 11, 2026

We appreciate your interest in the recent DS-Connect webinar featuring Dr. Meghan O'Neill, and members of the DS-...

Promote DS-Connect

Join DS-Connect®

Your First Name *
Enter your first name as the DS-Connect account holder

Your Last Name *
Enter your last name as the DS-Connect account holder

Email address *
This email address will be used for DS-Connect communications with your consent. It will never be shared outside the DS-Connect team.

Username *
This username will be used as your login id. Special characters are allowed, including space, period (.), hyphen (-), apostrophe ('), underscore (_), and the @ sign.

Password *
Password strength:

Confirm password *
Passwords match:
Provide a password for the new account in both fields.

Submit your study request

Request DS-Connect Participants to Your Study

*Indicates required field

If you would like to recruit DS-Connect participants for your study, please fill out this form, and a member of the Research Review Committee will reach out to you. The review committee generally meets monthly to review and approve studies. If they require more information, your application will not be reviewed again until the next meeting, so please be thorough. Your study must be approved by an IRB before submitting your request.

If approved, your study will be listed on the [Research Studies](#) page of this website and have its own individual webpage. In addition, a monthly email will be sent to DS-Connect participants with DS-Connect approved studies information.

Click [here](#) for a word template for this form.

Contact Information

Principal Investigator name *

Principal Investigator email *

Upcoming activities

DS-Connected workshops



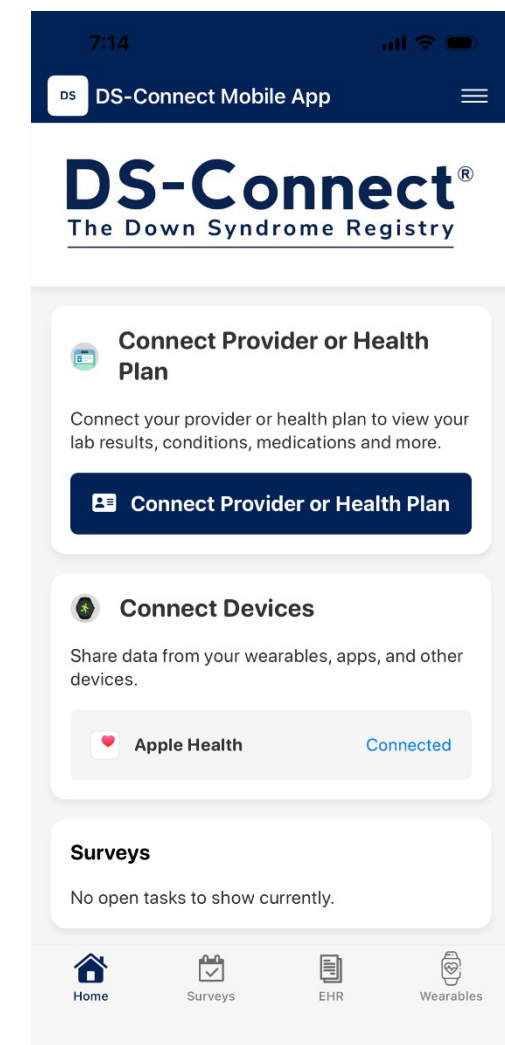
Partner with us
to host one!

Social media platforms



Coming soon,
be ready to follow us!

DS-Connect mobile app



Stay tuned,
DS-Connect at your
thumbtips...

DS-Connect[®]

The Down Syndrome Registry

WE'RE HERE TO HELP!

The best way to get all of the following is to email info@ds-connect.org. We're happy to help!



Order DS-Connect materials.



Request an in-person workshop or presentation.



Contact the DS-Connect team.



Learn more about the registry.



EMAIL US

Scan the QR code to visit our email page.



STAY CONNECTED

Scan the QR code to sign up for our emails via Constant Contact.



Email us anytime at info@ds-connect.org

Key takeaways

- The **NIH INCLUDE Project** is a major 8-year investment in research to improve quality of life for people with Down syndrome.
- The **Collaboration for Down syndrome Progress (CDP)** is a new longitudinal, lifespan cohort project under a Common Protocol.
- The revamped **DS-Connect Registry** is connecting families with research opportunities and providing dynamic resources for them.
- **Family and self-advocate engagement** improves all of our research efforts.
- Stay connected through **newsletters**, share materials about **DS-Connect**, and **help recruit families** for these studies!

Acknowledgements

- The NIH-wide Down Syndrome INCLUDE Working Group
- Investigators and Trainees
- Children and adults with Down syndrome and their families



Thank you to our self-advocates
who serve in the DS Consortium



Karen Gaffney



David Egan



Mitchell Levitz

